Sheridan Community Hospital

Community Health Needs Assessment (CHNA) Implementation Plan (CHIP) March 2023 – April 2025

In order to determine the most prevalent health needs of the community served by Sheridan Community Hospital, the 2023-2025 Sheridan Community Hospital Community Health Needs Assessment was collaboratively developed and adopted with the Mid-Michigan District Health Department's 2021-2022(assessment period) Community Health Needs Assessment.

The Community Health Needs Assessment was planned and developed by the Mid-Michigan District Health Department, Spectrum Health and the Montcalm County community. Sheridan Community Hospital participated as a part of Montcalm County Community Health Needs Assessment Advisory Committee/ Healthy Montcalm Subcommittee member organization.

Sheridan Community Hospital (SCH) will develop its own written implementation plan for Community Health Needs Assessment (CHNA) based on findings of Mid-Michigan District Health Department as well as prevalent health needs of community serviced by SCH. SCH will incorporate pertinent elements of Mid-Michigan District Health Department's CHNA in determining the most prevalent health needs of the community served by Sheridan Community Hospital, and will incorporate findings in to a written Implementation Plan for SCH.

Community Health Needs Assessment Main Findings:

In assessing the health status of Montcalm County from secondary data sources, surveys, focus groups, and interviews, five significant health needs were identified. These include:

1 Healthy Lifestyles

- Defined as having a healthy diet, having a healthy physical activity level, having a healthy body weight, no smoking and having moderate alcohol intake.
- The community identified health lifestyles and access to healthy and nutritious food as top factors that characterize a healthy community.

2. Financial security/Economic stability

- o Defined as the ability of individuals, households or communities to cover their essential needs sustainability and with dignity.
- Over half of the community respondents expressed that financial concern is one of the top problems adversely affecting Montcalm County

2. Mental Health

- Defined as having a state of wellbeing in which individuals realize their abilities, can cope with everyday stresses of life, are able to work productively and can contribute to their community.
- o Provider and community members identified access to mental health or behavioral health services as a factor defining a healthy community.

3. Substance Use Disorder

- o Defined as the use of illegal drugs and the inappropriate use of legal substances, such as tobacco or alcohol.
- Nearly three quarters of the community members surveyed indicated that alcohol an drug issues negatively impact their community.

4. Transportation

- Defined as a basic source of mobility that allows many respondents to access employment, pursue interests and meet their basic needs.
- Ocontributes to mortality and morbidity. The number of motor vehicle crash deaths per 100,000 population was nearly twice as high in Montcalm County than in Michigan between 2013 and 2019.

Key Findings (Significant Health Needs) addressed in Implementation Plan

- 1. Healthy Lifestyles
- 2. Substance Use Disorder
- 3. Financial security/Economic stability

Other Key Findings (Significant Health Needs) identified in the CHNA but not addressed in this plan: Each of the health needs listed below is important and is addressed by numerous programs and initiatives and programs by other hospitals, other organizations and other community partners of Sheridan Community Hospital. However, the Hospital will delay addressing the following key findings identified in the CHNA as part of the CHIP due to limited human resources and chooses to allocate identified resources to health needs identified above. Note: If resources would allow, SCH will address these needs as well.

- 1. Transportation
- 2. Mental Health

Sheridan Community Hospital Health Needs Assessment Implementation Plan April 2023– March 2025

| Health Need | Population Served | Action | Measurable Impact |
|---|---|---|---|
| Healthy Life Styles Overall Wellness | Residents of Montcalm County and surrounding area | Annual wellness health fair offering free screenings such as BP and cholesterol. | Documentation of number of participants of health fair. Track number of screenings done. Increase participation by 10% each year. |
| | | Hold free BP screenings in the community at least twice/year. O Provide educational material regarding heart health/high BP O Referrals to healthcare provider for elevated BPs. O Provide BP result cards to participants | • Documentation of number of participants and number of screenings held. Increase participation by 10%. |
| Healthy Eating | | : Community Garden Beds: Make available six 4x8 garden beds for community members to sign up to utilize space to plant a garden free of charge. This will give access to healthy produce. | Observation of participant's garden beds and amount of produce grown and harvested. |
| | | Provide Food Resources: • Farmer's markets in season • SNAPS posters/flyers available in facility and clinic. • Food pantry list. • Post list and provide if needed | |

| | | Food Drive Hospital associates and community participate with a food drive annually. Donate food the selected food pantry(s). | Record amount of food donated. Increase by 10 % at next drive. |
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| | | Ommunity Education • Provide community presentations by health care providers at least three times/year: (Examples) ○ Healthy eating: How to prepare fresh fruits and vegetables ○ Heart Smart | Documentation of number of participants. Increase participation by 10% each program. |
| | | Diabetes Education/Wound Clinic Diabetes brochures available at clinic and hospital. Provide community Diabetes Wellness education workshops. Hold diabetic foot screenings at least twice/year. | Documentation of number of participants. Increase participation by 10% each program. |
| Substance Use Disorder | Sheridan Community Hospital Patients misusing substances. | Pharmacist to monitor number of prescriptions written in ER, surgery and med surg. by SCH providers each month. They will be listed by quantity dose, and total milligrams morphine equivalent (MME). | Documentation of number of scripts written monthly by each provider. |

| Pharmacist will report opioid monitor findings on a monthly basis. | Findings and recommendations will be reported to Opioid Use Committee and Quality Assurance Process Improvement Committee quarterly. |
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| Patients who present to facility for substance abuse or overdose: Will be offered information on how to access MAT (Medication Assisted Treatment) Referral to Sheridan Care Substance Use Disorder program.(MAT) Provide substance abuse help | Monitor referral rates to Sheridan Care for MAT program. Increase in MAT participants by 10%. |
| information. • Access for staff to assist those with abuse/mental illness by connecting with behavioral exerts outside of SCH facility. • SCH will network with community resources. • Behavioral Health Services • Behavioral health Telehealth Services | Establish networking within first year. |
| Staff education De - escalation training for nursing staff Mental health awareness – end the stigma for all staff. | Education to be provided for all staff. |

| | | Hire a social worker for Sheridan Care for Medication Assisted Therapy program. | Social worker to be hired within first year. |
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| | | Provide source for medication disposal. Participate in Mediation Take Back program Provide information of medication take back boxes throughout county. | Participate in Medication Take Back program at least annually. |
| Financial Security | Residents of Montcalm County and surrounding area | Implement revised financial assistant policy. | Review number of applications given out versus number of applications approved. |
| | | Provide individual financial counseling assistance. Assist with completion of Medicaid application | Report quarterly to Board of Directors. |
| | | Institute financial assist sliding fee scale. | |
| | | Provide information to community members as needed. | |

Sheridan Community Hospital Operations Board

Adoption of

Community Health Needs Assessment (CHNA)

Approval of

Community Health Needs Assessment Implementation Plan (CHIP) March 2023 – April 2025

Lili Petricevic, CEO

Data

5-15-23

Jerry Rizqallah, President

Date