

Sheridan Community Hospital offers Rezum Water Vapor Therapy

Submitted by Sheridan
Community Hospital

SHERIDAN — Sheridan Community Hospital continuously seeks to find new ways to work and implement improvements.

By assuring their sustainability in the health care field, the hospital is able to provide and perform procedures that have not been available in the surrounding areas. The hospital has the ability to provide an advancement in technology to the local community, Rezum Water Vapor Therapy.



The hospital's **Eric Specialty Clinic Stockall** offers the Urological procedure, Rezum Water Vapor Therapy. Rezum Water Vapor Therapy is a minimally-invasive, non-surgical procedure used to treat benign prostatic hyperplasia (BPH), not just the symptoms. BPH, also known as enlarged prostate, can cause frustrating symptoms for men, including frequent urination, hesitancy in urination, urgency or straining to urinate, and a weak urinary stream.

The American Urological Association reported that half of men by the age of 60 will suffer from BPH, and 90% of men by the age of 85 will experience this common condition. With this latest advancement in technology, BPH can be treated with Rezum Water Vapor Therapy.

The procedure injects water vapor into the prostate, where it disperses between cells, then cools, releases heat, and gently disrupts the prostate's cells. There is no need for incisions, light sedation is used for the comfort of the patient, and the therapy is completed in a single visit.

"We are excited to offer this treatment of BPH for the local community," mentioned Dr. Eric Stockall, urologist at Sheridan Community Hospital. "Rezum Water Vapor Therapy treats the source of the problem, which in this case is an enlarged prostate. The treatment does not require hospitalizations and allows most patients to return to normal life within a few days."

Rezum Water Vapor Therapy relieves BPH symptoms safely and effectively, while also preserving sexual and urinary functions. Most patients see symptom improvement within a few weeks and can return to regular activities within a few days after treatment.

When medication and other non-surgical treatments are not able to effectively reduce the symptoms of BPH, Rezum Water Vapor Therapy can make a significant difference in a patient's quality of life!

To find out if Rezum Water Vapor Therapy is right for you or to schedule an appointment with a urologist, call Sheridan Community Hospital's Specialty Clinic at (989) 291-6311.