

**Sheridan Community Hospital**  
**Community Health Needs Assessment (CHNA) Implementation Plan**  
**April 2019 – March 2022**

**UPDATE for April 2019 to March 2020**

A Community Health Needs Assessment (CHNA) was performed late fall of 2018 in collaboration with Healthy Montcalm Initiative, to determine the most prevalent health needs of the community served by Sheridan Community Hospital.

Sheridan Community Hospital as a collaborative partner, adopts the Healthy Montcalm’s Community Health Needs Assessment (CHNA) as its own assessment and will incorporate and adopt pertinent elements of Healthy Montcalm’s Community Health Needs Assessment (CHNA) in determining the most prevalent health needs of the community served by Sheridan Community Hospital, and will incorporate findings in to a written Implementation Plan for SCH.

**Health Need: Mental Health**

**Population Served:**

Residents of Montcalm County and Surrounding Area

**Action:**

- Provide education, awareness and outreach regarding mental health to both community and hospital staff to reduce stigma and better understanding of illness.
  - Free community workshop, “Accessing Mental Health Services in Montcalm County” to be offered April 2019
  - 100% of all hospital staff will be trained in Mental Health First Aid.
- Provide education and outreach efforts to community about relationship between substance use and mental health.
  - Partner with local substance abuse and mental health experts for free community workshops.

**Measurable Impact:**

- Number of events provided each year
- Number of individuals attending workshops each year. (Baseline was 0%. To be completed by 6-2020)

**Progress Update:**

- *Community work shop held 4-15-19. Presentation: “Accessing Mental health Services in Montcalm County” by G. Alwood, LMSW from Montcalm Care Network. Twelve individuals participated.*
- *“Mental Health First Aide” training was provided by Montcalm Care Network staff. Training consisted of two part sessions with total of 8 hrs. of education. Certificates were awarded upon completion of both sessions. Classes were offered to all hospital staff and Sheridan Care Clinic. Approximately one third of staff completed training. First training sessions were April 2019 with second scheduled for Aug 2019.*

**Health Need: Mental Health /Substance Abuse/Use****Population Served:**

Residents of Montcalm County and surrounding area

**Actions:**

Through awarded 2018 Distance Learning and Telemedicine Grant Program:

- Establish telemedicine access for staff to assist those with mental illness by connecting with behavioral experts outside of SCH facility.
- Partner with 8<sup>th</sup> Eighth Circuit Court in Ionia, MI for felons with opioid addiction. Develop primary and behavior options for felons being provided alternative treatment options through Suboxone program with Sheridan Care. Thus allowing them opportunities to stay employed, receive primary care and behavioral care, and meet other court mandates instead of going to prison.

**Measurable Impact:**

- Once program implemented, monitor number of patients referrals. To increase in use by 20% each year.
- Once program implemented, monitor number of patients referrals. Referrals to increase by 10% each year

**Action:**

Implement community based mental health support group through partnership of local behavioral health organization.

**Measurable Impact:**

- Monitor number of participants.
- Increase of participation by 10% each year.

**Progress Update:**

*Not established during this time period.*

**Health Need: Substance Use and Abuse**

**Population Served:**

Residents of Montcalm County

**Action:**

Through awarded 2018 Distance Learning and Telemedicine Grant Program: Establish telemedicine access for staff to assist those with mental illness by connecting with behavioral experts outside of SCH facility.

**Measurable Impact:**

- Once program implemented, monitor number of patients referrals. To increase in use by 20% each year.

**Progress Update:** *Not established during this time period.*

**Action:**

- Partner with 8<sup>th</sup> Eighth Circuit Court in Ionia, MI for felons with opioid addiction. Develop primary and behavior options for felons being provided alternative treatment options through Suboxone program with Sheridan Care. Thus allowing them opportunities to stay employed, receive primary care and behavioral care, and meet other court mandates instead of going to jail.

**Measurable Impact:**

Once program implemented, monitor number of patients referrals. Referrals to increase by 10% each year

**Progress Update:** *Not established during this time period.*

**Action:**

Implement community based mental health support group through partnership of local behavioral health organization.

**Measurable Impact:**

Monitor number of participants. Increase of participation by 10% each year.

**Progress Update:** *Not established during this time period.*

**Health Need: Substance Use and Abuse**

**Population Served:**

Residents of Montcalm County

**Action:**

Increase number of Suboxone provides at Sheridan Care with the Suboxone certification process over a three year period to provide increased access to Suboxone treatment in the community. Obtain grant funding to support start-up costs for adding one provider. To increase the number of Suboxone patients seen at Sheridan Care. Provider to apply for certificate to increase number of Suboxone patients seen.

**Measurable Impact:**

- Increase Suboxone certification by one provider at Sheridan Care. To be completed by June 2020.
- Increase of actual number of patients participating in program each year by30%

**Progress Update:**

Provider, Jenny Kipp, DNP was hired 3-1-20 with Suboxone waiver for 30 patients. She applied for waiver to increase up to 100 patients. This provider is very instrumental in providing staff and community education in regards to substance use disorder.

**Health Need: Wellness - Ultimately improve the overall health and wellbeing of communities in our service area.**

**Population Served:**

Residents of Montcalm County and surrounding area. Local employers' employees

**Action:**

Annual wellness health fair offering free screenings such as BP and cholesterol.

**Measurable Outcome:**

Monitor number of participants and number of screenings that were done. Increase participation each year by 10%.

**Progress Update:**

*Family Health fair was held August 6, 2019 with approximately 125 attendees. Cholesterol testing was provided free of charge. There were 22 individuals who requested/received testing with results going to individual's provider. BP checks were done by Sheridan Care providers to all who wanted.*

**Action:**

Create and implement wellbeing program for local employer groups to promote overall general health.

**Measurable Outcome:**

Implementation of program by January 2020. Increase in participation by 25% January 2021.

**Progress Update:**

*Not implemented during this time period.*

**Action:**

Identify and address health risks and behaviors through offerings of wellness screenings, health risk assessments of employees, implementing wellness education programs and individualized wellness plans for participants.

**Measurable Outcome:**

Monitor number of participants and tracking of identified risks and improvements annually.

**Progress Update:**

*Wellness calendar created for April thru November 2019. Family Health Fair held in August 2019 with wellness screenings such as BP checks and cholesterol testing, healthy eating education/handouts.*

*2019 Wellness Calendar:*

*April: Accessing Mental health Services in Montcalm County” by G Allwood, LMSW*

*May: Arterial “Vascular Disease” by Dr. J Morris*

*June: “Injury Prevention in Leisure Sports” by T Parish, Athletic Trainer*

*July: “Planning for your Financial Future” by D. Ferwerda, wealth Manager*

*August: Family Health Fair*

*Fall Prevention and Home Safety by P. Woodruff, OT*

*Sept: Everything You Should Know About Mammograms by Dr. M. Holen*

*Oct: Non Medication Options for Pain Control by B. Sheahan, PT*

*Nov: The Aging Family by L. Byers, PhD, Psychologist*

*Average attendance for workshop was 15. Family health fair attendance was approximately 125.*

**Action:**

Assist those participants who are identified as not having a primary care provider to find one.

**Measurable Outcome:**

Monitor number of those identified as needing a PCP and number of those assisted to find a PCP.

**Progress Update:**

*Data not available at this time. Sheridan Care and Provider information was available at health fair for all to pick up.*

**Action:**

Expand current exercise program (program facilitated by Physical Therapy Occupation Therapist at local church weekly) options with implementation of new program options:

- Tai-Chi for Health
- Walking Club

**Measurable Outcome:**

Monitor number of participants monthly looking for increase in participation by 10% each year.

**Progress Update:** *Exercise program fluctuated from 10-15 participants weekly. No new program established during this time period.*

